

YOUNG CARERS IN BUNNYLAND



by ANA GRAÇA



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This Book Belongs To:

You're a young carer if you're under 18 and help to look after a relative with a disability, illness, mental health condition, or drug or alcohol problem. If you're a young carer, you probably look after one of your parents or care for a brother or sister. Quite a lot of young carers are fairly little under the age of 8. This story is about some of these children: our youngest young carers.

Local support can be available for young carers, but the needs of the youngest young carers are all too often overlooked. This books aims to shed light on their needs.

To learn more contact : youngcarersalliance@carers.org



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This is Honey, she is 6 years old.





She's a young carer who cares for her older brother.



Honey is part of a young carers group in her town.



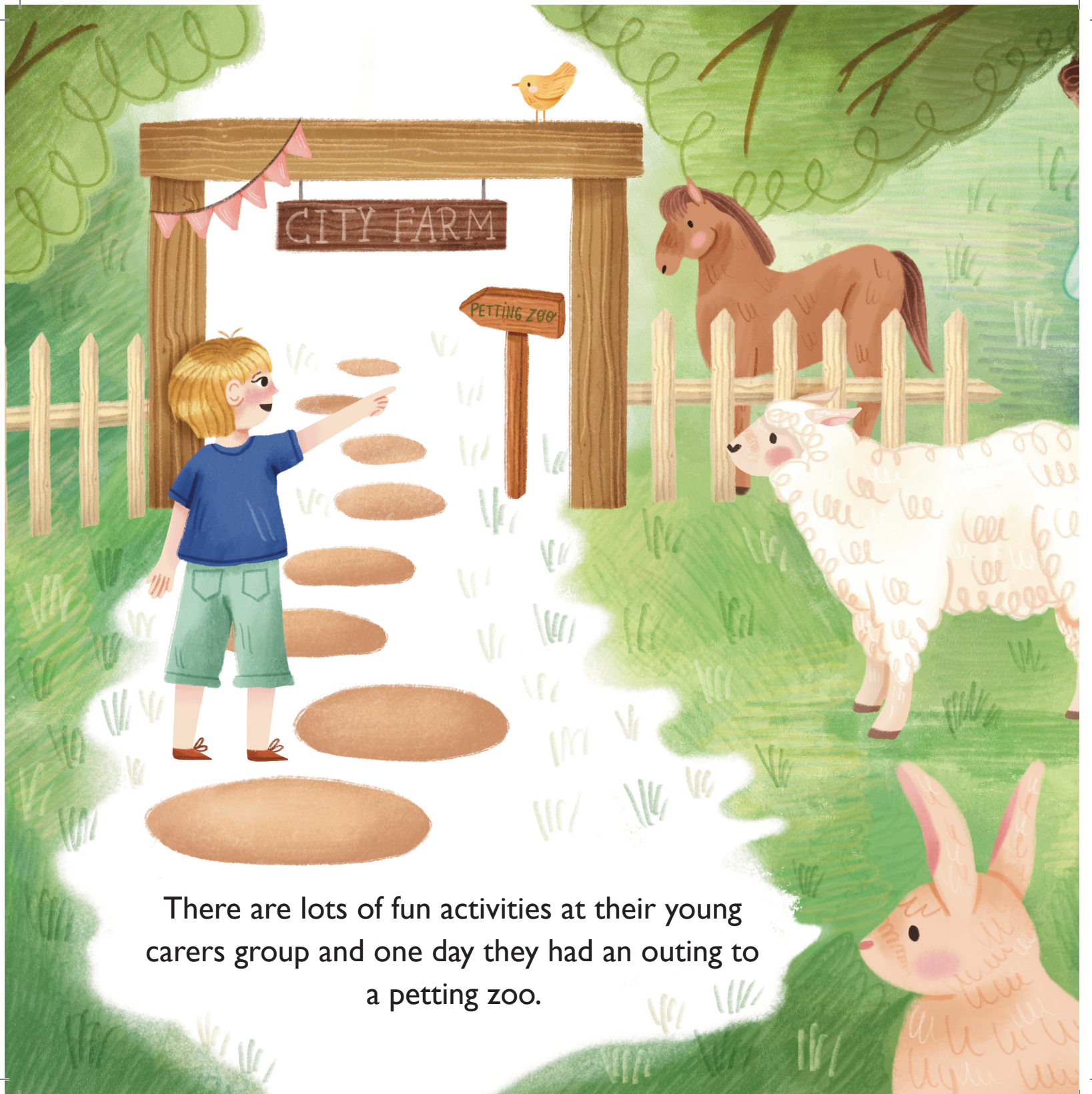
And just like her, there are many other young carers.



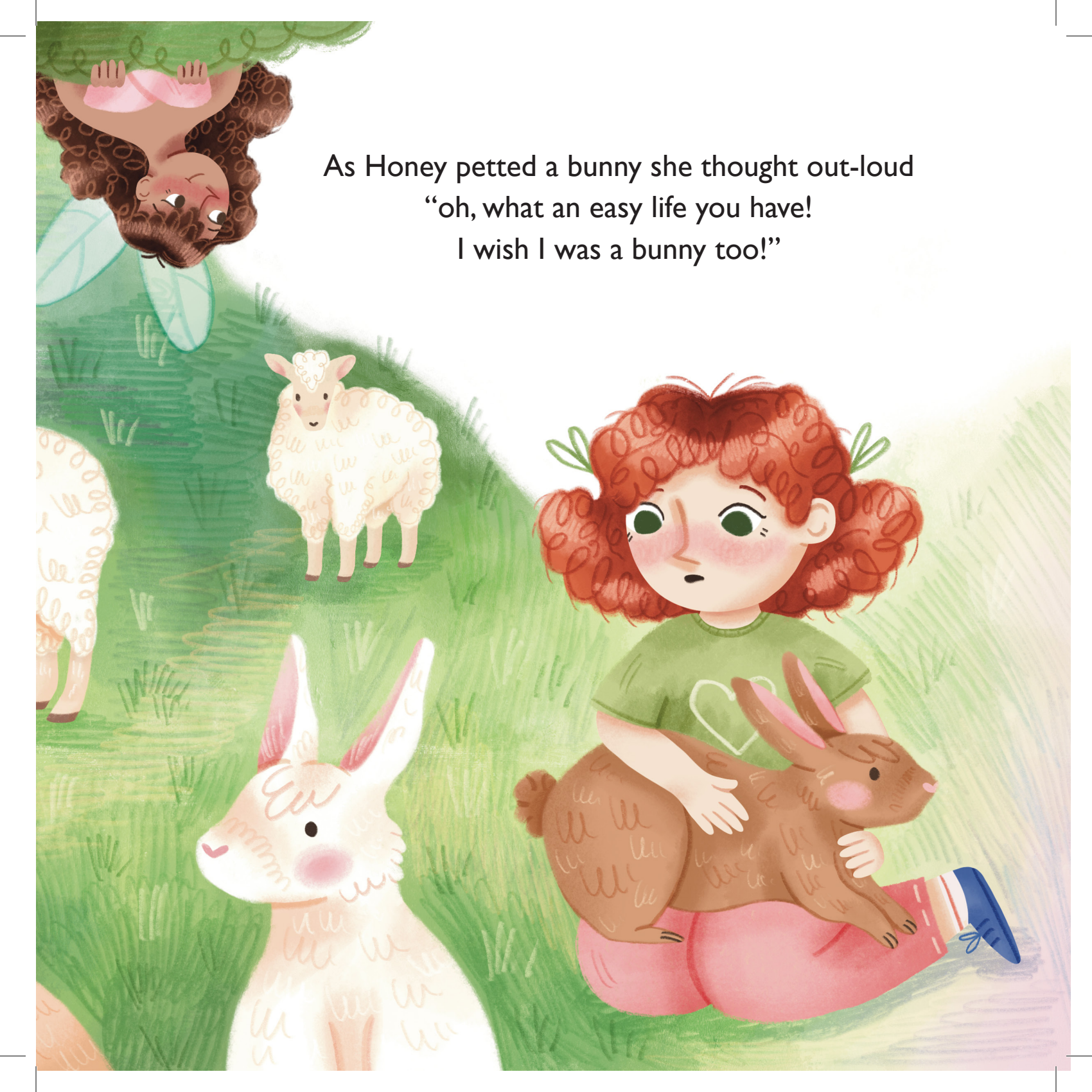
They have lots of jobs! Like Billy, who always helps with the shopping for his mum.

All of them work hard helping their families, but, oh dear, not all of them get the help they need.





There are lots of fun activities at their young carers group and one day they had an outing to a petting zoo.



As Honey petted a bunny she thought out-loud
“oh, what an easy life you have!
I wish I was a bunny too!”

I heard Honey's wish and I decided to use my magic to grant it!





And just like that, all the young carers got
turned into....



Bunnies! But, oh no, with my spell they forgot they were once human children.

I thought that with my spell, they would be able to be bunnies and to just play around, eat and jump all day long.





But, even though they were now bunnies, they were still just as busy as before. And Billy still has to carry all the shopping!

Honey and Billy still need to care for their families.



They still need to help on house-chores and still need to make sure they're doing okay.





Sometimes caring is very hard and Honey doesn't get time to play with her school friends. They don't understand why she can't join them and they get cross with her.

But going to the young carers group usually cheers Honey up.





As young carers, they carry so much responsibility.
It's nice to have a little bit of time to play with other
bunnies who also understand how they feel.

I enjoyed playing my trick but I knew it was time
to turn the children back.



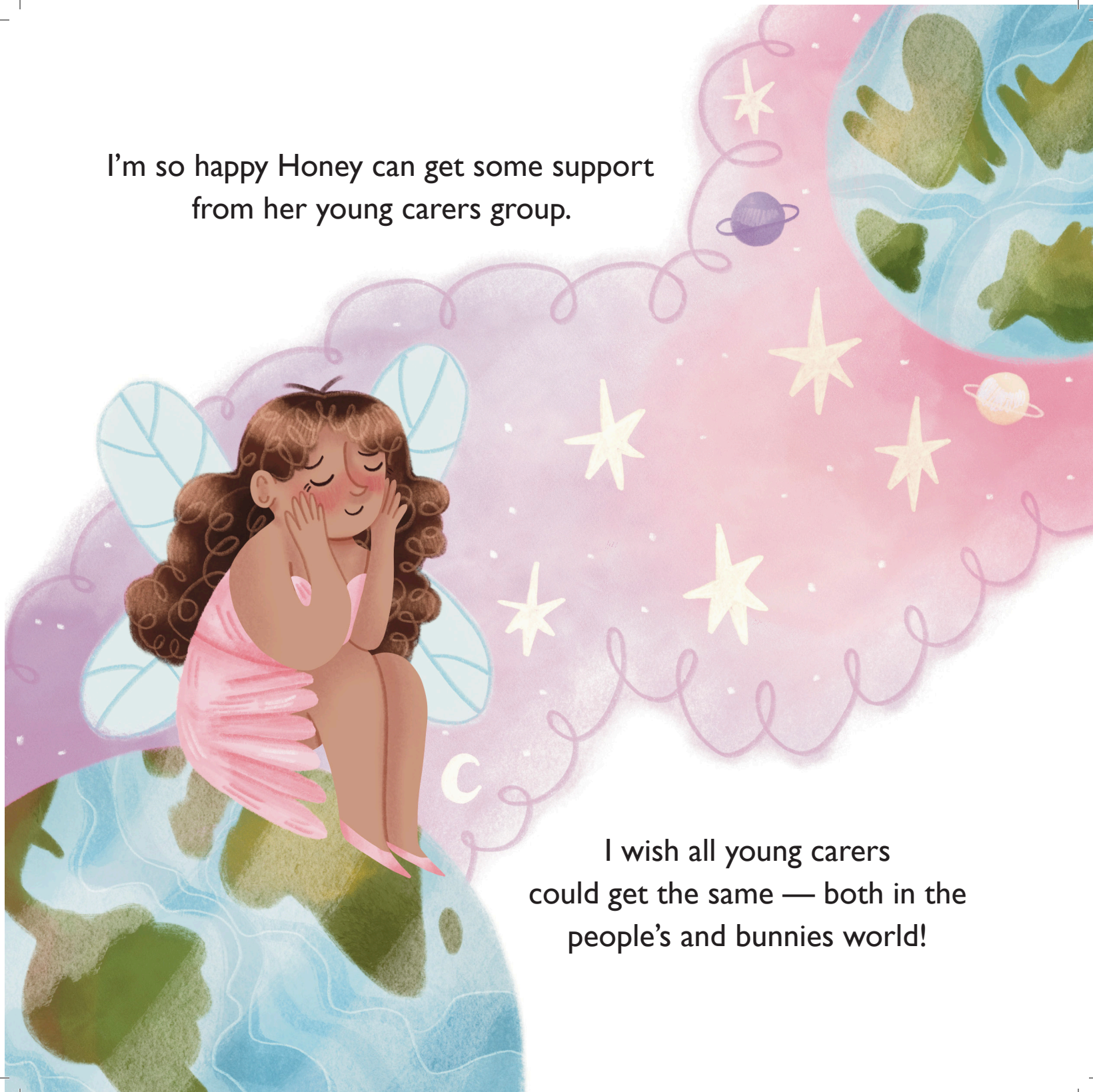
I waited until Honey and Billy were playing around
with their friends...and just like that...





PUFF! They were all turned back into children!
Honey didn't remember her bunny adventure
and thought it was all a dream.

I'm so happy Honey can get some support
from her young carers group.



I wish all young carers
could get the same — both in the
people's and bunnies world!



“Young Carers in Bunnyland” is a beautiful storybook created by the brilliant Brazilian illustrator and filmmaker Ana Graça. Ana has worked on documentary films about young carers and is also an illustrator of children’s books and has had books published in the USA twice, in Brazil, and now in the UK. Ana has been collaborating with other members of the Young Carers Alliance in sharing pictures, including from her book, more widely to help promote awareness-raising and better support for our youngest young carers. Ana is hugely talented and her work is providing a fantastic resource to help those of us trying to achieve this. It is an absolute honour to be able to work with her.

- John Bangs OBE, Independent Carers Policy Adviser


the end



Meet Honey, a 6-year-old young carer with a big heart and a lot of responsibility who's part of a local community of other young carer children like her. One day, when everything felt too much to handle, a mischievous fairy decided to play a trick and turn them into bunnies. Join Honey and her friends on their magical adventure and discover the hardships, challenges, and joys of being a young carer.



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